

Case Study



Name:

Lynne Drew

Occupation:

Radiographer Assistant

Breast Test Wales

Lynne's position involves assisting the radiographers with the day to day running of the clinic. Her main roles include assisting with clinic, setting up the trolleys and processing and transferring film into the Roller Viewer for viewing by the radiographers.

The processing of film and operating of the Roller View means that Lynn will often spend up to two hours at a time working in a seated position



How did you found out about The Bambach Saddle Seat?

An Ergonomic Assessor visited the Centre and recommended that we tried the Bambach for use in the Roller Viewer room.

What made you try the Bambach?

Following the recommendation we took a seat on a month trial and found that we really liked it therefore decided to keep it.

Has using the Bambach addressed the problems you wanted to overcome?

I have tried using conventional seating but found that it is very difficult to sit and operate the Roller Viewer. If I sit at a height sufficient to operate the equipment I find that my feet do not touch the floor which is a problem. With my feet on the floor I have to stretch to operate the equipment which puts repetitive strain on my lower back and shoulders. Using the Bambach I am able to sit comfortably and naturally and able to carry on with my work without thinking about my posture. If I ever have to use the conventional seats I find that by the end of the day my lower back is very sore.

Comments

I had previously suffered with neck and shoulder pain in a previous job however using the Bambach I have no problems at all. I find sitting on the Bambach really comfortable and completely natural. Now when I have to use other seats I notice the difference.

Would you recommend The Bambach Saddle Seat to fellow professionals?

Yes definitely, it can take time to get used to a different sitting position, but once it is set up correctly it is difficult to use anything else.

Visit www.bambach.co.uk/healthcare

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